

ALLERGEN AWARE
MENU WEEK 1

SERVED W/C 7th September, 28th September,
19th October

Hutchison

Monday

Tuesday

Wednesday

Thursday

Friday

Main
Meal



OPTION
1

OPTION
2

Margherita pizza
& oven baked wedges



Mixed bean bolognaise
with pasta
(may contain soya)



Vegetable sausages with
roast potatoes & gravy



Pea-powered vegetable
stir fry with carrot rice



Vegetable Sausages, chips
& tomato ketchup



Roasted vegetable pizza
& oven baked wedges



Beef & lentil bolognaise
with pasta
(may contain soya)



Roast gammon with
roast potatoes & gravy

Creamy coconut chicken
curry with carrot rice



Fish & chips
with tomato ketchup

Broccoli



Carrots & peas



Carrot & cabbage



Broccoli & cauliflower



Baked beans



Sweet
Treats



Lemon shortbread biscuit



Chocolate & banana
brownie sponge



Chocolate brownie



Baked apple & cinnamon
sponge



Chocolate shortbread



Available Every Day – Crunchy colourful Salad Bar & Jacket Potatoes with Vegan Cheese, Beans, Vegan Cheese & Beans or Tuna with Vegan Mayonnaise

KEY

Vegan Nutritionist's Choice
50-50 White & Wholegrain Rice

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

OPTION 1

OPTION 2

Veggies

Sweet Treats

Margherita pizza & oven baked wedges	Pea-powered vegetable casserole & new potatoes	Cauliflower pasta bake (may contain soya)	Veggie all day breakfast	Margherita pizza, chips & tomato ketchup
Tomato, spinach & salmon pasta (may contain soya)	Chicken & vegetable casserole with new potatoes	Roast turkey breast, roast potatoes & gravy	All day breakfast, with pork sausages	Fish & chips with tomato ketchup
Broccoli	Peas	Carrots & cauliflower	Baked beans	Peas
Sultana flapjack	Apple crumble	Lemon shortbread biscuit	Carrot cake with orange glaze	Raspberry jelly & mandarins

Available Every Day – Crunchy colourful salad Bar & Jacket Potatoes with Vegan Cheese, Beans, Vegan Cheese & Beans or Tuna with Vegan Mayonnaise



KEY

Vegan

Nutritionist's Choice

50-50 White & Wholegrain Rice

ALLERGEN AWARE
MENU WEEK 3

SERVED W/C 31st August, 21st September,
12th October

Hutchison

Monday

Tuesday

Wednesday

Thursday

Friday

Main
Meal



OPTION
1

OPTION
2

Pea-powered mild chilli
with rice



Vegetable sausages &
mashed potatoes with gravy



Pea-powered cottage pie
with gravy



Mac 'n' cheese
(may contain soya)



Vegetable Sausages, chips
& tomato ketchup



Mild beef & lentil
chilli con carne with rice



Pork sausages with
mashed potatoes & gravy

Roast chicken breast with
roast potatoes & gravy

BBQ chicken loaded
mac 'n' cheese
(may contain soya)

Fish & chips
with tomato ketchup

Veggies



Sweetcorn



Peas & carrots



Broccoli & carrots



Selection from the salad bar



Baked beans



Sweet
Treats



Chocolate shortbread



Apple & Summer berry
crumble



Chocolate brownie



Raspberry jelly
& mandarins



Lemon shortbread biscuit



Available Every Day – Crunchy colourful Salad Bar & Jacket Potatoes with Vegan Cheese, Beans, Vegan Cheese & Beans or Tuna with Vegan Mayonnaise

KEY

Vegan  Nutritionist's Choice 
50-50 White & Wholegrain Rice 