

Monday

Tuesday

Wednesday

Thursday

Friday

Main
Meal

OPTION
1



OPTION
2

Margherita pizza
& oven baked wedges



Mixed bean bolognaise
with penne pasta



Vegetable sausages with
roast potatoes & gravy



Pea-powered vegetable
stir fry with carrot rice



Vegetable nuggets, chips
& tomato ketchup



Pepperoni pizza
& oven baked wedges

Beef & lentil bolognaise
with penne pasta



Roast gammon with
roast potatoes & gravy

Creamy coconut chicken
& chickpea curry with
carrot rice



Fish fingers, chips
& tomato ketchup

Broccoli



Carrots & peas



Carrot & cabbage



Broccoli & cauliflower



Baked beans



Ham
Cheese
Tuna mayo

Ham
Cheese
Tuna mayo

Ham
Cheese
Tuna mayo

Ham
Cheese
Tuna mayo

Cheese
Tuna mayo

Lemon shortbread biscuit



Chocolate & banana
brownie sponge



Apple strudel & custard



Baked apple & cinnamon
sponge



Chocolate shortbread



Available Every Day – Crunchy colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans

KEY

Wholegrain



Vegetarian



Nutritionist's Choice



Vegan



Main Meal

OPTION 1

OPTION 2

Veggies

Filled Rolls

Sweet Treats

Monday	Tuesday	Wednesday	Thursday	Friday
Margherita pizza & oven baked wedges 	Pea-powered vegetable pie & new potatoes 	Cheesy cauliflower pasta bake 	Veggie all day breakfast 	Quorn dippers, chips & tomato ketchup 
Tomato, spinach & salmon pasta  	Chicken & vegetable pie with new potatoes	Roast turkey breast, roast potatoes & gravy	All day breakfast, with pork sausages (beef casings)	Fish & chips with tomato ketchup
Broccoli 	Peas 	Carrots & cauliflower 	Baked beans 	Peas 
Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Cheese Tuna mayo
Traditional flapjack 	Oaty apple crumble & custard 	Chocolate mousse 	Carrot cake with orange glaze 	Chocolate fruit crispie cake 

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KEY

Wholegrain  Vegetarian 

Nutritionist's Choice  Vegan 

Main Meal

OPTION 1
OPTION 2

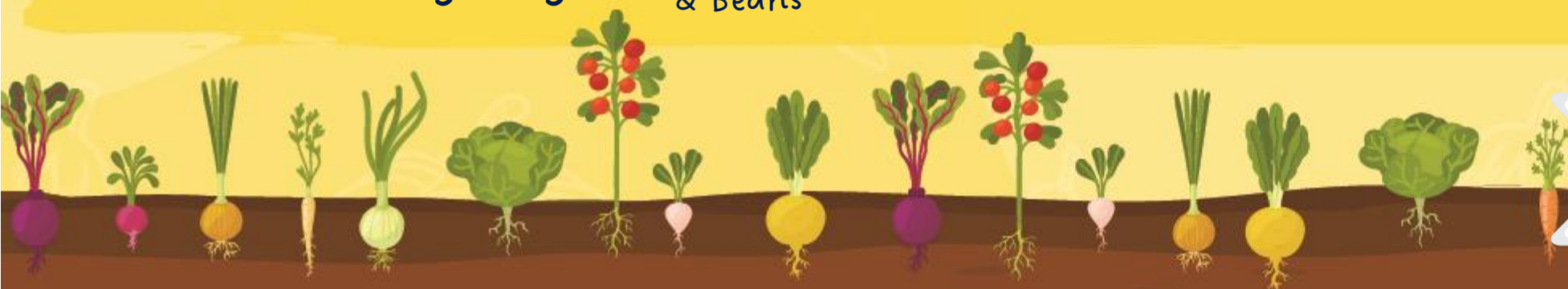
Veggies

Filled Rolls

Sweet Treats

Monday	Tuesday	Wednesday	Thursday	Friday
Pea-powered mild chilli with rice 	Vegetable sausages & mashed potatoes with gravy 	Pea-powered cottage pie with gravy 	Baked creamy mac 'n' cheese 	Vegan Sausage roll, chips & tomato ketchup 
Mild beef & lentil chilli con carne with rice 	Pork sausages (beef casing) with mashed potatoes & gravy 	Roast chicken breast, roast potatoes & gravy 	BBQ chicken loaded mac 'n' cheese 	Fish fingers, chips & tomato ketchup 
Sweetcorn 	Peas & carrots 	Broccoli & carrots 	Selection from the salad bar 	Baked beans 
Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Cheese Tuna mayo
Chocolate shortbread 	Apple & summer berry crumble with custard 	Lemon sponge & custard 	Garden brownie 	Strawberry mousse 

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KEY

Wholegrain  Vegetarian 

Nutritionist's Choice 

Vegan 