

Saltergate Infant School



Spring Term 2026

This term the children across the Infant school have had various opportunities to increase their levels of physical activity and improve their skills in physical education. Some of these opportunities were:

- Extra-Curricular P.E. Club; Multi-Club and Move it, Mini Me Dance Club
- Glow in the dark Dodgeball Taster Sessions across KS1
- Wood Wednesday's in Early Years
- Forest School in Discovery Learning
- PE lessons across the Infant School.

Extra-Curricular Sport Clubs

This term the children across Key Stage 1 have had the opportunity to take part in a Multi-club, which involved some physical activity as well as a club run by one of our lovely teaching assistants, Move it, Mini Me Dance Club.

Both clubs have allowed the children attending these clubs to be physically active in a number of ways including playing on the bikes and scooters and creative dance. The children even learnt vital road safety skills when on their bikes and scooters, such as you must always wear a helmet.

Our children are looking forward to taking part in their Summer Clubs after Easter.



Move it, Mini Me Dance Club



At Move it, Mini me dance club, the children continued to enjoy their dance club where they explored different ways of moving using various pieces of equipment and music. The children created lots of excellent dance movements and loved working individually and part of a group!

Glow in the dark Dodgeball taster sessions across KS1

Children across Key Stage 1 got the opportunity to experience some taster sessions in glow in the dark dodgeball. The children had lots of fun playing in the dark using special equipment that allowed the children to see it in the dark.

These sessions allowed the children to improve their hand and eye coordination by making them focus only focus on what was needed but it also helped them develop their communication skills.

We are hoping to get the glow in the dark dodgeball back into school for the Summer Term.



Wood Wednesday's In Early Years

The children in EYFS have had the opportunity to take part in Forest School inspired sessions called 'Wood Wednesday's'.

The children have had fun exploring the area on Spring walks, building den houses for the three little pigs, gone on a wolf hunt and created wonder sticks to collect natural materials.

The children love their Wood Wednesday's and they are super excited to carry on in the Summer Term.



Forest School in Discovery Learning

The children in Discovery Learning have had a super time venturing into the Forest Area and working with their lovely adults and Rose from Born of the Forest.

The children have made bird feeders and wands, played in the mud kitchen and explored all the areas of the Forest!

They especially loved playing in the mud and making mud pies.

The children cannot wait to continue with their Forest School sessions in the Summer Term.



P.E. Lessons across the Infant School

Children across the Infant school have had lots of fun developing their fine and gross motor skills in their PE lessons taught by their adults.

The lessons have ranged from multi-skills using the Real PE programme, climbing using the gym apparatus, riding the bikes and scooters and the glow in the dark dodgeball.

The children do love their PE lessons and cannot wait for the summer term, where they will practice their athletics as well as trying out a potential new PE programme from the PE Hub.



Coming up in the Summer Term 2026

- **Extra-Curricular Clubs**
- **Forest Schools Sessions**
 - **Sports Crew visits**
- **Sports Days (EYFS and KS1)**
- **Possible Inter-School Competitions through North Yorkshire Sport and HTAFC**
 - **Plus much much more...**