

Saltergate Junior School Spring Term 2026



School Sports Values

**Respect, Passion, Honesty, Self-Belief, Determination
and Teamwork**

This term the children across the Junior school have had various opportunities to increase their levels of physical activity and improve their skills in physical education. Some of these opportunities were:

- Year 5 swimming
- Intra-House Competitions across years 3, 4, 5 and 6
- The Year 4 Gymnastics Parent Showcase and Intra-house Competition
- A Year 5 and 6 Girls Football Competition ran by North Yorkshire Sport (Pokemon Primary Cup)
- A Year 5 and 6 Girls Football Competition ran by HTAFC (Premier League Primary Stars)
- Year 5 Dance Competition
- Year 5 and 6 Swimming Gala Trials
- The U11 Girls County and Regional Finals, Richmond, Hull & Liverpool
- Extra-Curricular P.E. Clubs
- Forest School with Rose from Born of the Forest in Years 3 and 4.
- Year 6 Sports Crew helping with the Year 4 Gym Showcase.
- Specialised P.E. Lessons with Miss Tremble

Year 5 Swimming

We are pleased that most of the children in Year 5 have now been to the Hydro (now known as The Harrogate Wellness and Fitness Centre) for their swimming lessons. They have enjoyed their swimming sessions and have made some incredible progress over the last two terms. In Year 5 we have had over 70% of the children achieve the National Standard in swimming so far.

The children that did not quite make the National Standard in swimming will get another opportunity to continue swimming when they are in Year 6 (in the Summer term) to try help them achieve the standard. Those children who met the standard, will no longer need to swim again at primary school.

Some of children in Year 6 are looking forward to carrying on with their swimming in the Summer term, those children not swimming are also super excited to try Lacrosse in their PE lessons with Miss Tremble.

Percentages and figures for Year 5 this academic year

- The number of children attended: 54
- The number of children still to attend swimming lessons: 1 (they will swim in Year 6)
- The number of children attained the national standard for swimming: 39
- The percentage of children attained the national standard for swimming: 71%
- The number of children that still need to achieve the national standard in swimming: 16
- The percentage of children that still need to achieve the national standard in swimming: 29%

Level 1:

Intra- house competitions

**Gymnastics, Indoor Athletics,
Benchball, Tag Rugby, Jump ball and
Tennis**

Spring Intra-House Results 2026

Year 3 Hughes Benchball
Winner: **Earth**
Year 3 Gold Benchball
Winner: **Earth**
Year 3 Hughes Tennis Skills
Winner: **Water**
Year 3 Gold Tennis Skills
Winner: **Earth**
Year 4 Morpurgo Gymnastics Vault
Winner: **Air**
Year 4 Morpurgo Gymnastics Body Management
Winner: **Water, Earth & Fire**
Year 4 Morpurgo Gymnastics Floor Routine
Winner: **Fire**
Year 4 Rosen Gymnastics Vault
Winner: **Earth**
Year 4 Rosen Gymnastics Body Management
Winner: **Water & Earth**
Year 4 Rosen Gymnastics Floor Routine
Winner: **Air**
Year 4 Morpurgo Tennis
Winner: **Fire**
Year 4 Rosen Tennis
Winner: **Fire & Earth**



Year 5 Palacio Indoor Athletics
Winner: **Air**
Year 5 Palmer Indoor Athletics
Winner: **Air**
Year 6 Cowell Indoor Athletics
Winner: **Fire**
Year 6 Rauf Class Indoor Athletics
Winner: **Air**
Year 5 Tag Rugby
Winner: **Air**
Year 6 Cowell Tag Rugby
Winner: **Air**
Year 6 Rauf Tag Rugby
Winner: **Fire**
Year 6 Cowell Jump Ball
Winner: **Water**
Year 6 Rauf Jump Ball
Winner: **Air**

Year 4 Gymnastics Showcase to parents

This term the children in Year 4 worked very hard on their Gymnastic skills in P.E. This then led to a Gymnastics showcase to their parents at the end of the half-term.

The children took part in three events; the vault, a body management routine and a floor routine. The children also came in their house colours and competed for their houses in an intra-house competition.

All the children did an incredible job and showed some amazing gymnastic skills. We even had three special judges who came to watch, who gave the children scores out of ten towards the intra-house result.

All the parents, teachers and judges are super proud of all the children after their hard work, resilience and determination.

The Year 3 children are already looking forward to their turn next year after doing some Gymnastics in their P.E. lessons too.



Level 2:

Inter- school competitions

**U11 Girls HTAFC Football Competition,
U11 Girls ESFA Pokemon Primary Cup
Game, Year 5 Virtual Dance Competition,
Year 5 and 6 Swimming Gala Trials**

U11 Girls HTAFC Football Competition

NORTH YORKSHIRE FINALISTS AGAIN 2 YEARS IN A ROW!!

WOW! What another super performance by our Year 5 and 6 girls football team at their local football competition, held at Rossett Sports Centre and organised by Harrogate Town Community Foundation. They continued to show amazing skill, resilience, teamwork and respect towards each other, the referees and other teams, with them winning the tournament overall, despite the horrible weather conditions.

This means they go on to represent Harrogate Town and Saltergate at the Premier League Primary Stars Regional Finals in Hull.

Well done girls, we are super proud of you.

See below for the results on the Regional finals.



U11 Girls ESFA Pokemon Primary Cup Football Competition

Not only did our football girls win the HTAFC tournament, they also won a local competitive game for the ESFA Pokemon Primary Cup against another local primary school, winning the game 11-0.

The girls worked incredibly hard, showing great teamwork, skill and support for each other as well as the opposition, making sure they got the best out of the game!

It was great to see both teams never giving up, working hard all with huge smiles on their faces!

The girls will go on to represent Saltergate and Red Kite at the County Finals in Richmond. Well done girls, we are super proud of you.

See below for the results on the County Finals.

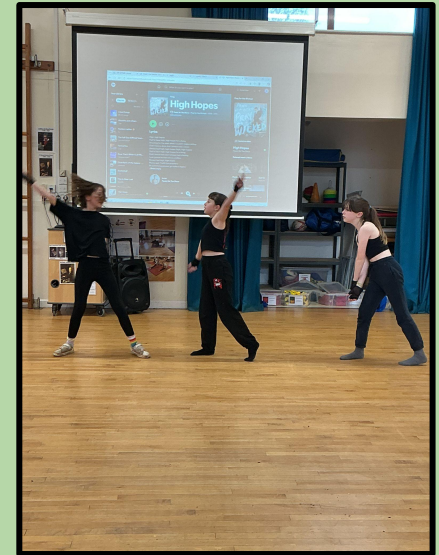


Year 5 Virtual Dance Competition (internal competition)

The children in Year 5 have been working very hard all term on their own creative dances ready in anticipation for a virtual dance competition organised by North Yorkshire Sport.

Unfortunately, the children were not able to take part through NYS, so we decided to hold our own competition and we awarded 1st, 2nd and 3rd medals to dance groups from each class.

Well done to all the children who took part, we are super proud of your creativity, style and not to mention the rhythm.



Years 5 and 6 Swimming Trials

Several children across Years 5 and 6 have taken part in some internal swimming trials in order to make the Saltergate Swimming Gala team, which will take part in a local swimming gala in May.

The children took part in three races; breaststroke, front crawl and backstroke. The top swimmers in all the races will be picked for the team, once final numbers are confirmed by the pool.

All the children did incredibly well and have made so much progress with their swimming over the last year.

Well done children, what superstars! The children in years 3 and 4 will have their trials after the Easter holidays.



Level 3:

Inter- school competition finals

**U11 Girl's ESFA Pokemon County Finals,
U11 Girls ESFA Pokemon Regional Finals
and U11 Girls Premier League Primary
Stars Regional Finals**

U11 Girls ESFA Pokemon Primary Cup County and Regional Finals

The U11 football girls competed in another two football tournament linked to the ESFA Pokemon Primary Cup, one a county final and then a regional final. After winning at a local tournament back in January, the girls were invited to take part in a County Final being held at Richmond Secondary School in January. The girls played incredibly well and remained undefeated and went on to win the county finals on goal difference after scoring a staggering 21 goals. They were then crowned North Yorkshire County Champions and then invited onto a Regional Final in Liverpool.

Onto Liverpool for the Regional final, the girls travelled to The Liverpool Football Academy to compete in the Pokemon Regional Final. The girls worked incredibly hard playing against some very talented girls football teams, the girls won 4 of their 5 group matches, eventually finishing top of the table. This meant they progressed through to the Semi-final, where they won convincingly 4-0, making it into the final. The girls gave one final push and won the final 3-1, securing their place in the National Finals, which will be played at Stoke City FC in the Summer Term. All the teams were celebrated and received their North Yorkshire County Champions medal and the girls also received their Champions of the North Shield. What an achievement to be able to play at the Liverpool Football Academy and win the whole tournament. Well done girls, we are very proud of you and we can not wait to see how you do at the finals in May.



U11 Girls Premier League Primary Stars Regional Finals

After winning at a local tournament, the U11 girls football team went onto the Premier League Primary Stars Regional Final being held at Hull University. The girls were representing Harrogate Town at this tournament and showed great skill, determination, resilience and teamwork against some very skillful girl's teams. The girls battled through the horrific, freezing weather winning three out of the five games finishing in third place overall. Unfortunately, despite the girls best efforts, they were not successful in making the national finals this year but they need to be very proud of everything they have achieved this year.

ONce the girls had warmed up from the football, they had lunch and then spent an afternoon inside taking part in several activities and workshops as well as having their photograph taken with the Premier League Football Trophy, which had the Liverpool colours on it.

The girls had a wonderful day and what an experience for them to remember. Well done girls, we are super proud of you.



Extra-Curricular Clubs

This term, we have provided several opportunities for the children to attend two sporting clubs for the full term but with the chance to experience a range of sports within these clubs.

These clubs included; Team Games with Indoor Athletics and Gymnastics and Apparatus. The sports included were; Indoor Athletics, Tag Rugby, Hockey, Basketball, Benchball, Gymnastics routines, vaulting and apparatus work.

We have had a high uptake in these clubs with lots of children attending extra-curricular clubs and having lots of fun.

Next term, there will be more opportunities for extra-curricular sporting clubs including Tag Rugby, Cricket and Rounders



Forest School with Rose from Born of the Forest in Years 3 and 4

This term, we have had Rose from Born of the Forest working in school in our Forest Area leading some exciting activities as part of our Forest School Programme. The children in Years 3 and 4 have both had the opportunity to experience this fantastic programme, developing lots of different skills and personal qualities they can use in the future, all whilst being outside in a natural environment. Some of the exciting activities they have taken part in include; craft building, den building, planting seeds, and so much more!

The children in KS2 have loved being in the Forest School and are super excited to experience more in the next academic year.

Next term, the children in the Infant School are looking forward to having their Forest School sessions.

What a fantastic opportunity to have in school for all out children!



Year 6 Sports Crew

This term the Year 6 Sports Crew have been very busy with some of their responsibilities including making sure we have enough playground equipment out at lunchtimes for all the children as well as putting it back in the correct places.

They have also done their first event of the year, they helped the children in Year 4 during their Gymnastics Showcase to parents. The children helped the Year 4 children by directing them on what came next in the routine, demonstrating when needed as well as giving them lots of positive feedback to keep them going throughout the showcase.

The children also decided on their school sports values winners at the end as well as announcing the winners to the parents, the winners showed one of the following values throughout the showcase; these included honesty, passion, determination, teamwork, self-belief and respect. The winners of these values received a wristband and a certificate.

Next term, the children will start to run their own playground sessions on both KS1 and KS2 as well as helping with both sports days.



Specialised P.E. lessons with Miss Tremble

This term, Miss Tremble has continued to work in years 3, 4, 5 and 6 teaching P.E. The children have had a range of P.E. lessons ranging from Sport Specific sessions and Real P.E. lessons. In some Year groups, the class teachers have also taught a lesson in P.E. and Year 5 also went swimming.

In Year 3, the children have worked through two sport specific sessions in Bench Ball and Tennis as well as two units from the Real PE and Dance programme.

In Year 4, the children have worked through two sport specific sessions in Gymnastics and Tennis as well as a Real dance and Real PE units.

In Year 5, the children have worked through some of the Real Dance units, worked hard on their dance routines, and some children have had lessons in Tag Rugby.

Some of the Year 5's have also continued to swim.

In Year 6, the children have worked through a Real Gym Unit, a Real PE unit as well as sport specific sessions in Tag Rugby.

Miss Tremble has been able to use her sporting and coaching background to make all the P.E. lessons interesting and fun meaning all the children are engaged and active in most of the lesson even if it means they have their own challenges to complete compared to other children.

Miss Tremble will continue to deliver more P.E. lessons to all classes in the Summer term.



Coming up in the Summer Term 2026

- Intra-House Competitions
- Inter-School Competitions through North Yorkshire Sport
 - U11 Girls ESFA Pokemon National Finals
 - Swimming Gala
 - Year 6 Swimming
 - Extra-Curricular Clubs
 - Future Lionesses Girls Training Sessions
 - HTAFC Mentor Programme Sessions
- More visits from North Yorkshire Sport Athlete Mentors
 - Sports Day
 - Plus much much more...