

# Saltergate Junior School Autumn Term 2025



## School Sports Values

Respect, **Passion**, Honesty, **Self-Belief**, Determination  
and **Teamwork**

This term the children across the Junior school have had various opportunities to increase their levels of physical activity and improve their skills in physical education. Some of these opportunities were:

- Year 5 swimming.
- Intra-House Competitions across years 4, 5 and 6.
- A Year 6 Boys Football Competition ran by HTAFC.
- Extra-Curricular P.E. Clubs.
- Year 6 Sports Crew sessions.
- Year 5 Sports Leadership sessions and activity morning with the Year 2's.
- Specialised P.E. Lessons with Miss Tremble.
- A visit from the Harrogate Diving Identification Squad to Year 3 and 4 children.
- A visit from Jenny Wallwork (Athlete Mentor) and Ruth Whitehead (School Sports Organiser) from North Yorkshire Sport.
- Forest School with Rose from Born of the Forest in Years 5 and 6.
- Year 6 Residential trip to Bewerley Park and thank you letters.

## Year 5 Swimming

We are pleased that most of the children in Year 5 have now been to the Hydro (now known as The Harrogate Wellness and Fitness Centre) for their swimming lessons. They have enjoyed their swimming sessions and have made some incredible progress over this term. In Year 5 we have just over 50% of the children who have achieved the National Standard in swimming so far.

The children that did not quite make the national standard in swimming will get the opportunity to carry on swimming in the Spring term to try help them achieve the standard. Those children who met the standard, will no longer need to swim again at primary school.

The children in Year 5 are looking forward to carrying on with their swimming, those children not swimming are also super excited to be having Tag Rugby sessions with Miss Tremble and maybe a specialised visitor (watch this space).

Percentages and figures for Year 5 so far this year

- The number of children attended: 52
- The number of children still to attend swimming lessons: 2 (anxiety reasons)
- The number of children attained the national standard for swimming: 30
- The percentage of children attained the national standard for swimming: 56%
- The number of children that still need to achieve the national standard in swimming: 24
- The percentage of children that still need to achieve the national standard in swimming: 44%

**Level 1:**  
**Intra- house competitions**

**Football and Hockey**



# Autumn Intra-House Results 2025



Year 4 Morpurgo Football (4 corners)

Winner: **Fire**

Year 4 Rosen Football (4 corners)

Winner: **Water** & **Air**

Year 5 Palacio Hockey

Winner: **Air**

Year 5 Palmer Hockey

Winner: **Water**

Year 6 Cowell Hockey

Winner: **Water**

Year 6 Rauf Hockey

Winner: **Air**

Year 6 Cowell Hockey (4 corners)

Winner: **Earth**

Year 6 Rauf Hockey (4 corners)

Winner: **Air**

**Level 2:**  
**Inter- house competitions**

**Year 6 Boys Football Competition**

# Year 6 Boys Football Competition

The Year 6 boys did incredibly well at their U11 football competition this term, held at Rossett Sports Centre and organised by Harrogate Town Football Club (community).

All the boys had great fun and showed super resilience, teamwork, respect and support throughout the tournament, as well as making huge improvements in every game they played.

We are very proud of them.

Massive thanks to Harrogate Town for organising the event, Rossett sports leaders for their time and effort when refereeing and to our fabulous parents and staff for their time and support at the event.



# Extra-Curricular Clubs

This term, we have provided several opportunities for the children to attend various sporting clubs.

These clubs included a Ball games club and a Target games club. Each of these clubs offered different games and activities throughout the term including; football, basketball, dodgeball, benchball, Archery, fencing, Kurling, Bocca and Fencing

We have had a high uptake in these clubs with lots of children attending extra-curricular clubs and having lots of fun.

Next term, there will be more opportunities for extra-curricular sporting clubs including Indoor Athletics, Tennis, Cricket, dance and gymnastics



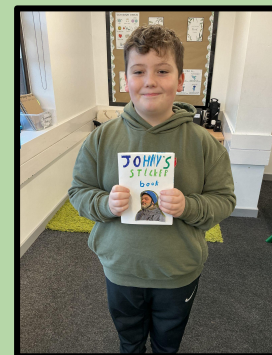
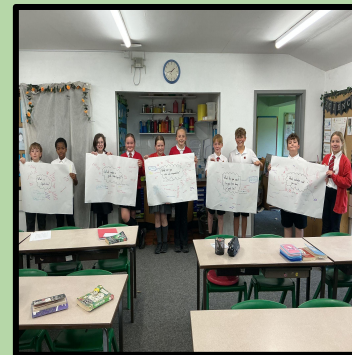


# Year 6 Sports Crew

Several children in Year 6 have recently been chosen to be Saltergates Sports Crew. They were chosen because we feel they would benefit from been given the opportunity to shine in a new area; leadership and P.E.

So far, the children have met with Miss Tremble to discuss what they feel sports crew is, their responsibilities, what they could gain as well as what sessions they could provide to the other children. They have also written some thank you letters to the members of staff and instructors at Bewerley Park alongside the rest of Year 6, these include cards, posters and letters created on google documents.

The children have also voted and chosen their roles in sports crew including the head and deputy as well as other roles including media, equipment and recruitment leaders. The children are super excited to get going and have even started pulling out the playground equipment each day at lunchtime for all the children to use.



# Year 5 Sports Leadership sessions and delivery to Year 2 children

The children in Year 5, who are no longer swimming as they have met the National Standard have been working super hard on their sports leadership skills. They have been working in small groups to develop some mini games that are engaging, fun and provide skill development. Once they created their games, they delivered them to the other children in the session, following this the children then evaluated them to see if they could improve them ready to deliver them to the Year 2 children. In the final week of term, the children delivered their final games to the children in Year 2 and what a job they did. All the children in Year 2 had a fantastic time, they had lots of fun and were always engaged and active. Well done to all the children involved, you were amazing.



# Specialised P.E. lessons with Miss Tremble

This year, Miss Tremble has been delivering PE in years 3, 4, 5 and 6 teaching. The children have had a range of P.E. lessons ranging from Sport Specific sessions and Real P.E. lessons. The children class teachers in Year 3 have also taught a lesson in Real P.E. and Year 5 also went swimming too.

In Year 3, the children have worked through two Real P.E. units as well as Transitional games and Gymnastics.

In Year 4, the children have worked through two Real P.E. units as well as Football and Gymnastics.

In Year 5, the children have worked through two units of Real P.E as well as sport specific sessions in Hockey and Indoor Athletics. The Year 5's have also been swimming. Some of the Year 5's have also taken part in some sports leadership sessions.

In Year 6, the children have worked through two Real P.E. units as well as sport specific sessions in Hockey and Indoor Athletics

Miss Tremble has been able to use her sporting and coaching background to make all the P.E. lessons interesting and fun meaning all the children are engaged and active in most of the lesson even if it means they have their own challenges to complete compared to other children.

Miss Tremble will continue to deliver more P.E. lessons to all classes in the Spring term.





# A visit from The Harrogate Diving Identification Squad

At the beginning of this term, we were lucky enough to have another visit from the Harrogate Identification Squad. They ran a small gymnastics session to all the children in Years 2, 3 and 4 to see if any of the children showed potential diving skills.

The diving coaches were looking at the children's flexibility, balance and gymnastics co-ordination. If they felt the children showed the potential to be gifted at diving, they were then invited to the pool for a second call back session to assess their skills in the water. If any of the children showed these skills in the water, they would then be invited to join the Harrogate Diving Squad.

All the children did incredibly well and there were some great skills on show, with 16 children across Years 2, 3 and 4 being invited to stage 2 session at the pool. This an amazing achievement.

The children that were not chosen, were however, invited to a free diving taster session so there was also an opportunity for them to be take up diving too. We are super proud of all our Year 3 and 4 children.



# A visit from Jenny Wallwork and Ruth Whitehead from North Yorkshire Sport

This term, we have been lucky enough to have visits from an Athlete Mentor, Jenny Wallwork and our School Sports Organiser Ruth Whitehead, both of who work for North Yorkshire Sport.

Both Jenny and Ruth have worked with all the children in Year 5 and a small group of girls in Year 6. In these sessions the children have taken part in several fun games and activities encouraging children to be more active, some pupil voice sessions, which the children provided ideas for a future competitive event to be held at school and finally they also created some summer holiday camp ideas.

All the children did incredibly well and created some fantastic ideas, both Ruth and Jenny commented on how amazing all the children were and that they cannot wait to work with more children in the new year.



# Forest School with Rose from Born of the Forest in Years 5 and 6

This term, we have had Rose from Born of the Forest working in school in our Forest Area leading some exciting activities as part of our Forest School Programme. The children in Years 5 and 6 have both had the opportunity to experience this fantastic programme, developing lots of different skills and personal qualities they can use in the future, all whilst being outside in a natural environment. Some of the exciting activities they have taken part in include; craft building, den building, cooking and making worm houses.

The children in Years 3 and 4 will get the opportunity to take part in Forest School in the Spring Term and they are super excited for it.

What a fantastic opportunity to have in school for all our children!



# **Year 6 Residential trip to the Bewerley Park**

This term, the children in Year 6 got to go on their residential trip to Bewerley Park.

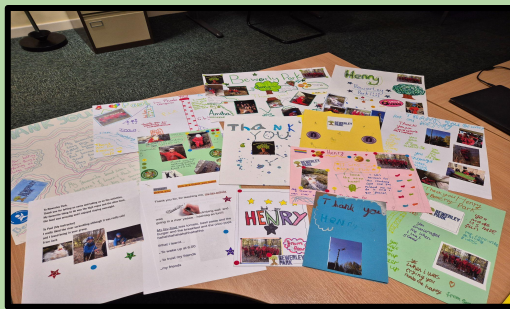
Bewerley Park is based near Pateley Bridge and is an amazing place for the children to visit and take part in activities they have never done before and may never do again. The activities the children took part in were; river scrambling, Electric Orienteering, bouldering at Brimham Rocks, some high rope activities including the leap of faith and the climbing wall. The children also took part in several evening activities including visiting the common room to play games, buying some exciting souvenirs from the gift shop, playing an alien hunt game around the grounds (in the dark) and finally they enjoyed roasting marshmallows around a lovely, warm campfire.

The children also get the opportunity to develop several other skills and vital life skills such as teamwork, resilience, independence as well as learning to deal with being away from home overnight, which many had never done before.

All the children had a fabulous time and have made memories which will last a lifetime. Many of them want to go back again.

See the next slide for some impressive photos of the children at Bewerley Park.





# **Coming up in the Spring Term 2025**

- **Intra-House Competitions including a special gymnastics competition in Year 4.**
  - **Year 4 Parent Showcase in Gymnastics**
- **Inter-School Competitions through North Yorkshire Sport, HTAFC and Your School Games.**
  - **Extra-Curricular Clubs**
  - **Year 5 Swimming cont.**
  - **More Forest School.**
- **Visits from Jenny Wallwork (Athlete Mentor) and Ruth Whitehead (School Sports Games Organiser) from North Yorkshire Sport.**