

Saltergate Infant School



Autumn Term 2025

This term the children across the Infant school have had various opportunities to increase their levels of physical activity and improve their skills in physical education. Some of these opportunities were:

- Extra-Curricular P.E. Club; Multi-Sports Club, HTAFC Wildcats and Move it, Mini Dance club.
- Mini games and activities led by children in Year 5 in the Junior School
- A visit from the Harrogate Diving Identification Squad to the Year 2 children.

Extra-Curricular Sport Club

This term the children across Key Stage 1 have had the opportunity to take part in several sports clubs. These clubs include Multi-Club, HTAFC Wildcats (Football) and Move it, Mini me Dance Club. At Multi-Club the children have enjoyed ribbon dancing.

Each week, the children have had a great time learning new skills and rules, developing their sporting experience and skills.

These sessions also encourage the children to stay fit and healthy by taking part in sport and exercise, whilst having fun at the same time.

The children are looking forward to some new sports clubs in the Spring Term



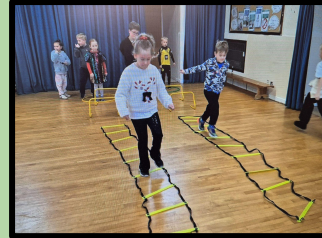
Move it, Mini Dance Club



At Move it, Mini Me dance club, the children have learnt all about rhythm, timing and moving to the beat as well as being creative with their own dancing.

Mini game activities led by the Year 5 children

Most of our Year 2 children took part in a Year 5 sports leaders event in the Junior School. The children were separated into 4 groups and they had a go at 4 different activities organised and planned by the Year 5 sports leaders. Some of the game included an obstacle course, handball games and several versions of treasure hunting games. The children in Year 2 had a wonderful time and loved working with the older children. The Year 5 children did incredibly well with their leadership skills and delivered some fun and exciting games for the children, what a great way for them to start their sports leadership journey.



A visit from The Harrogate Diving Identification Squad

At the beginning of this term, we were lucky enough to have another visit from the Harrogate Identification Squad. They ran a small gymnastics session to all the children in Years 2, 3 and 4 to see if any of the children showed potential diving skills.

The diving coaches were looking at the children's flexibility, balance and gymnastics co-ordination. If they felt the children showed the potential to be gifted at diving, they were then invited to the pool for a second call back session to assess their skills in the water. If any of the children showed these skills in the water, they would then be invited to join the Harrogate Diving Squad.

All the children did incredibly well and there were some great skills on show, with 16 children across Years 2, 3 and 4 being invited to stage 2 session at the pool. This an amazing achievement.

The children that were not chosen, were however, invited to a free diving taster session so there was also an opportunity for them to be take up diving too. We are super proud of all our Year 2 children.



Coming up in the Spring Term 2025

- **Extra-Curricular Clubs**
 - **Sports Crew visits**
- **Possible Inter-School Competitions through North Yorkshire Sport and HTAFC**
 - **Plus much much more...**