



16/09/2025

Dear Parents and Carers,

Re: Safety Guidance on Jewellery and Watches During PE Lessons

We would like to remind you of the update from the Local Authority regarding the wearing of jewellery and watches during physical education activities, including swimming.

In accordance with national safety guidance, pupils must not wear any form of jewellery during PE lessons. This includes earrings, studs, sleepers, and watches. It is important to note that covering jewellery with tape is not considered a safe or acceptable alternative.

The guidance states that pupils should be able to remove their own jewellery independently. If your child is unable to do so, we kindly ask that they refrain from wearing any jewellery on days when PE is scheduled.

We appreciate your continued support in ensuring the safety and wellbeing of all pupils during physical activities.

Kind regards,

Saltergate staff team

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Learning Trust Alliance Teacher Training Teaching School Hub

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