

Saltergate Junior School Autumn Term 2024



School Sports Values

**Respect, Passion, Honesty, Self-Belief, Determination
and Teamwork**

This term the children across the Junior school have had various opportunities to increase their levels of physical activity and improve their skills in physical education. Some of these opportunities were:

- Year 5 swimming.
- Intra-House Competitions across years 4, 5 and 6.
- A Year 5 and 6 Girls Football Competition ran by North Yorkshire Sport.
- A Year 6 Football Competition ran by HTAFC.
- Extra-Curricular P.E. Clubs.
- Year 6 Sports Crew sessions.
- Specialised P.E. Lessons with Miss Tremble.
- A visit from Premier Martial Arts and a free session to all children.
- A visit from the Harrogate Diving Identification Squad to Year 3 children.
- Year 6 Residential trip to Bewerley Park.

Year 5 Swimming

We are pleased that most of the children in Year 5 have now been to the Hydro (now known as The Harrogate Wellness and Fitness Centre) for their swimming lessons. They have enjoyed their swimming sessions and have made some incredible progress over this term. In Year 5 we have just under 40% of the children achieve the national standard in swimming so far.

The children that did not quite make the national standard in swimming will get the opportunity to carry on swimming in the Spring term to try help them achieve the standard. Those children who met the standard, will no longer need to swim again at primary school.

The children in Year 5 are looking forward to carrying on with their swimming, those children not swimming are also super excited to be having Tag Rugby sessions with Aled from Harrogate Rugby Club.

Percentages and figures for Year 5 so far this year

- The number of children attended: 54
- The number of children still to attend swimming lessons: 1 (medical reasons)
- The number of children attained the national standard for swimming: 19
- The percentage of children attained the national standard for swimming: 35%
- The number of children that still need to achieve the national standard in swimming: 36
- The percentage of children that still need to achieve the national standard in swimming: 65%

Level 1:

Intra- house competitions

**Football, Hockey and Indoor
Athletics**

Autumn Intra-House Results 2024



Year 3 Dahl Benchball
Winner: **Water**
Year 3 Walliams Benchball
Winner: **Fire**
Year 4 Morpurgo Football
Winner: **Air**
Year 4 Rosen Football
Winner: **Water**
Year 5 Palacio Hockey
Winner: **Air & Earth**
Year 5 Palmer Hockey
Winner: **Air**
Year 6 Cowell Hockey
Winner: **Air**
Year 6 Rauf Hockey
Winner: **Water & Air**
Year 5 Palacio Indoor Athletics
Winner: **All houses finished first**
Year 5 Palmer Indoor Athletics
Winner: **Fire**
Year 6 Cowell Indoor Athletics
Winner: **Earth**
Year 6 Rauf Indoor Athletics
Winner: **Earth**

Level 2:

Inter- house competitions

**Year 5 and 6 Girls Football Competition,
Year 6 Football Competition (boys)**

Year 5 and 6 Girls Football Competition

NORTH YORKSHIRE FINALISTS!

WOW! What a performance by our Year 5 and 6 girls football team at their football competition, held at Rossett Sports Centre organised by North Yorkshire Sport. They showed amazing skill, resilience, teamwork and respect towards each other, the referees and other teams, with them winning the tournament overall.

This means they go on to represent Harrogate and Saltergate at the North Yorkshire Finals in January at Richmond school.

Well done girls, we are super proud of you.

The girls are super excited for the finals in January.



Year 6 (boys) Football Competition

The Year 6 boys did incredibly well at their U11 football competition this term, held at Rossett Sports Centre and organised by Harrogate Town Football Club (community).

All the boys had great fun and showed super resilience, teamwork, respect and support throughout the tournament, as well as making huge improvements in every game they played.

We are very proud of them.

Massive thanks to Harrogate Town for organising the event, Rossett sports leaders for their time and effort when refereeing and to our fabulous parents and staff for their time and support at the event.



Extra-Curricular Clubs

This term, we have provided several opportunities for the children to attend various sporting clubs.

These clubs included; Basketball, Football, Hockey and Gymnastics.

We have had a high uptake in these clubs with lots of children attending extra-curricular clubs and having lots of fun.

Next term, there will be more opportunities for extra-curricular sporting clubs including Indoor Athletics, Tennis, Cricket, Inclusion games and Dodgeball

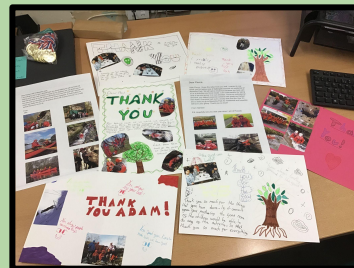
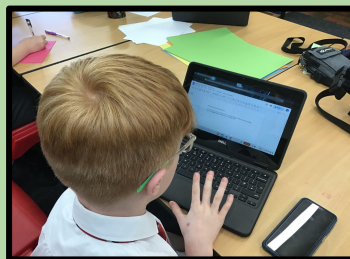
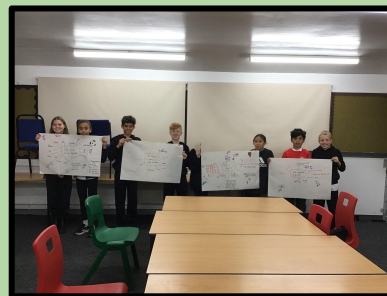
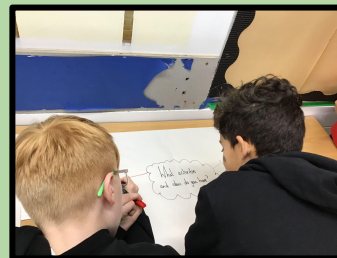


Year 6 Sports Crew

Several children in Year 6 have recently been chosen to be Saltergates Sports Crew. They were chosen because we feel they would benefit from been given the opportunity to shine in a new area; leadership and P.E.

So far, the children have met with Miss Tremble to discuss what they feel sports crew is, their responsibilities, what they could gain as well as what sessions they could provide to the other children. They have also written some thank you letters to the members of staff and instructors at Bewerley Park, these include cards, posters and letters created on google documents.

The children have also voted and chosen their roles in sports crew including the head and deputy as well as other roles including media, equipment and recruitment leaders. The children are super excited to get going and have even started pulling out the playground equipment each day at lunchtime for all the children to use.



Specialised P.E. lessons with Miss Tremble

This year, Miss Tremble has started to work in years 4, 5 and 6 teaching P.E. The children have had a range of P.E. lessons ranging from Sport Specific sessions and Real P.E. lessons. The children class teachers have also taught a lesson in P.E. and Year 5 also went swimming too.

In Year 4, the children have worked through two Real P.E. units as well as Football and Gymnastics.

In Year 5, the children have worked through two units of Real P.E. as well as sport specific sessions in Hockey and Indoor Athletics. The Year 5's have also been swimming.

In Year 6, the children have worked through two Real P.E. units as well as sport specific sessions in Hockey and Indoor Athletics. Miss Tremble has been able to use her sporting and coaching background to make all the P.E. lessons interesting and fun meaning all the children are engaged and active in most of the lesson even if it means they have their own challenges to complete compared to other children.

Miss Tremble will continue to deliver more P.E. lessons to all classes in the Spring term.



A Taster Session with Premier Martial Arts

We were lucky enough to have another visit from Premier Martial Arts, who delivered a free taster session to all the children across the Junior School.

The children had a wonderful time and showed some great martial arts skills. They also learnt about the importance of discipline, respect and how these skills are only to be used in a martial arts dojo and nowhere else, highlighting the importance of control and discipline. The children also learnt how to kick a board in half and there was some super skills on show.

The children were then invited to a free session at the local Premier Martial Arts club. Several of our children took up this offer and are now attending weekly martial arts classes as a result.

We can confirm, we are going to be using the sports premium money to pay for Premier Martial Arts to run sessions every week in the Spring term to the children in Years 3 and 4. We are super excited for these sessions to go ahead, the children will gain so much from them.



A visit from The Harrogate Diving Identification Squad

At the beginning of this term, we were lucky enough to have a visit from the Harrogate Identification Squad. They ran a small gymnastics session to all the children in Year 3 to see if any of the children showed potential diving skills.

The diving coaches were looking at the children's flexibility, balance and gymnastics co-ordination. If they felt the children showed the potential to be gifted at diving, they were then invited to the pool for a second call back session to assess their skills in the water. If any of the children showed these skills in the water, they would then be invited to join the Harrogate Diving Squad.

All the children did incredibly well and there were some great skills on show, with at least 10 children in year 3 being invited to the session at the pool, over 30 children across Years 1, 2 and 3. This an amazing achievement.

The children that were not chose, were however, invited to a free diving taster session so there was also an opportunity for them to be take up diving too. We are super proud of all our Year 3 children.



Year 6 Residential trip to the Bewerley Park

This term, the children in Year 6 got to go on their residential trip to Bewerley Park.

Bewerley Park is based near Pateley Bridge and is an amazing place for the children to visit and take part in activities they have never done before and may never do again. The activities the children took part in were; river scrambling, canoeing, bouldering at Brimham Rocks, some high rope activities including the leap of faith and the climbing wall, an evening spent around a bonfire roasting marshmallows and the another evening spent in the common room playing games, visiting the gift shop and playing a hunting for aliens game.

The children also get the opportunity to develop several other skills and vital life skills such as teamwork, resilience, independence as well as learning to deal with being away from home overnight, which many had never done before.

All the children had a fabulous time and have made memories which will last a lifetime. Many of them want to go back again.

See the next slide for some impressive photos of the children at Bewerley Park.



Coming up in the Spring Term 2024

- **Intra-House Competitions including a special gymnastics competition in Year 4.**
- **Inter-School Competitions through North Yorkshire Sport and Your School Games.**
 - **Extra-Curricular Clubs**
 - **Year 5 Swimming cont.**
- **Premier Martial Arts Weekly Sessions in Years 3 and 4.**
- **Tag Rugby with Aled in Years 5 (specific group) and 6**
 - **Plus much much more...**