

Saltergate Junior School Spring Term 2024



School Sports Values

Respect, **Passion**, Honesty, **Self-Belief**, Determination
and **Teamwork**

This term the children across the Junior school have had various opportunities to increase their levels of physical activity and improve their skills in physical education. Some of these opportunities were:

- Year 5 swimming.
- Intra-House Competitions across the school.
- Year 4 Gymnastics Showcase to parents.
- Year 3 and 4 Mixed Indoor Football Competition.
- Extra-Curricular P.E. Clubs with some along side HTAFC coaches.
- Specialised P.E. Lessons with Miss Tremble.
- Year 6 Sports Crew sessions.
- Year 5 children working alongside Aled from Harrogate Rugby Club on Tag Rugby.
- Born to Move Dance sessions with a dance instructor.

Year 5 Swimming

We are pleased that the Year 5 children have now been to the Hydro (now known as The Harrogate Wellness and Fitness Centre) for their swimming lessons. All of the children in year 5 have now been swimming, they have really enjoyed their swimming sessions and have made some incredible progress over this term with just under half achieving the national standard in swimming.

The children that did not quite make the national standard in swimming will get the opportunity to carry on swimming in the Summer term to try help them achieve the standard. Those children who met the standard, will no longer need to swim this year.

In the Summer term, we are looking forward to the rest of the Year 5 and 6 children returning to try and reach the national standard in swimming.

Percentages and figures for Year 5 so far this year

- The number of children attended: 47
- The number of children still to attend swimming lessons: 0
- The number of children attained the national standard for swimming: 19
- The percentage of children attained the national standard for swimming: 40%
- The number of children that still need to achieve the national standard in swimming: 28
- The percentage of children that still need to achieve the national standard in swimming: 60%

Level 1: **Intra- house competitions**

**Gymnastics, Benchball, Tag Rugby
and Tennis**

Spring Intra-House Results 2024



Year 3 Dahl Benchball

Winner: **Earth**

Year 3 Walliams Benchball

Winner: **Air**

Year 4 Morpurgo Gymnastics Vault

Winner: **Air**

Year 4 Morpurgo Gymnastics Body Management

Winner: **Earth** & **Water**

Year 4 Morpurgo Gymnastics Floor Routine

Winner: **Fire**

Year 4 Rowling Gymnastics Vault

Winner: **Earth**

Year 4 Rowling Gymnastics Body Management

Winner: **Fire**

Year 4 Rowling Gymnastics Floor Routine

Winner: **Fire**

Year 4 Tennis

Winner: **Air**

Year 4 Gymnastics Showcase to parents

This term the children in Year 4 worked very hard on their Gymnastic skills in P.E. This then led to a Gymnastics showcase to their parents at the end of the half-term.

The children took part in three events; the vault, a body management routine and a floor routine. The children also came in their house colours and competed for their houses in an intra-house competition.

All the children did an incredible job and showed some amazing gymnastic skills. We even had four special judges who came to watch, who gave the children scores out of ten towards the intra-house result.

All the parents, teachers and judges are super proud of all the children after their hard work, resilience and determination.

The Year 3 children are already looking forward to their turn next year after doing some Gymnastics in their P.E. lessons too.



Level 2 :
Inter-school competitions

Mixed 5 a-side Football.

Mixed 5 a side Football Competition - Years 3 and 4

Several children from Years 3 and 4 were chosen to take part in an indoor mixed 5 a side football competition. This competition was being held at Rossett Sports Centre and was organised by HTAFC and North Yorkshire Sport.

The children did so well, so well in fact that they won the overall competition and came away as champions winning a medal and a certificate.

We are so proud of all the children, they worked so well as a team and showed all the school sports values.

Well done children!



Extra-Curricular Clubs

This term, we have provided several opportunities for the children to attend various sporting clubs, with one alongside the coaches from The Harrogate Town Football Community Foundation.

These clubs included; Indoor Athletics, Gymnastics, Tennis and Cricket

We have had a high uptake in these clubs with lots of children attending extra-curricular clubs and having lots of fun.

Next term, there will be more opportunities for extra-curricular sporting clubs including Cricket, athletics and rounders.



Specialised P.E. lessons with Miss Tremble

This year, Miss Tremble has continued to work in every year group teaching P.E. The children have had a range of P.E. lessons ranging from Tennis, Gymnastics, Dance and Real Dance. The children class teachers have also taught a lesson in P.E. except in Year 5 who went swimming instead.

In Year 3, the children have worked on Gymnastics and Tennis.

In Year 4, the children have worked hard on their Gymnastics and Tennis.

In Year 5, the children have been swimming and worked hard exploring dance and started creating their very own dances in small groups.

In Year 6, The children have worked hard exploring dance, started creating their own dances as well as Tennis in their second lesson..

Miss Tremble has been able to use her sporting and coaching background to make all the P.E. lessons interesting and fun meaning all the children are engaged and active in most of the lesson even if it means they have their own challenges to complete compared to other children.

Miss Tremble will continue to deliver more P.E. lessons to all classes in the Summer term.



Year 6 Sports Crew

This term, Sports Crew have been very busy doing several jobs around school.

These include:

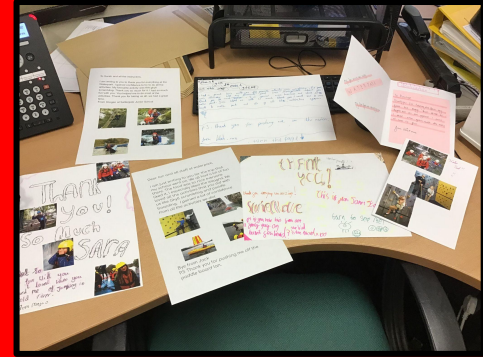
Writing letters to Waterpark to thank them for their residential in the Autumn term.

They have started getting out the playground equipment every day at lunchtimes.

Prepared and practiced an assembly ready to present to the junior school in the Summer term.

Started to plan activities they could help run at playtimes
Helped run Golden time activities in the hall on a Friday with Miss Tremble.

Sports Crew are very excited for the summer term when they will be doing lots more activities on the playground, working with HTAFC on a leadership intervention, leading activities in the infant school and helping with all the sports days and other sporting events.



Year 5 children working with RUFC on Tag Rugby

Some of the children in Year 5 who no longer needed to go swimming, have been working with Aled from Harrogate Rugby Club on Tag Rugby.

Every week the children have been learning about Tag Rugby, working as a team and having lots of fun.

The children have been having a great time and are showing some great rugby skills. These children will also be invited to a Tag Rugby Festival in the Summer term to celebrate all their hard work and skills.



Born to Move Dance Sessions in all year groups

We have been very lucky this term to have a visit from a dance specialist who led some 'Born to Move' dance sessions with all the children across all year groups, including the children in the infant school.

All the children and staff had a fantastic time and showed some great dance moves, so good that we are hoping to get the dance specialist back into school again in the future.



Coming up in the Summer Term 2024

- Intra-House Competitions.
- Inter-School Competitions through North Yorkshire Sport, Your School Games and The Red Kite Trust.
 - Extra-Curricular Clubs
 - Year 5 and 6 Swimming Top up
 - Karate lesson from a local instructor
 - Year 5 and 6 Dance Competition
 - Sports Day
 - Cross Country Event
 - Plus much much more!