

Saltergate Junior School Summer Term 2023



School Sports Values

**Respect, Passion, Honesty, Self-Belief, Determination
and Teamwork**

This term the children across the Junior school have had various opportunities to increase their levels of physical activity and improve their skills in physical education. Some of these opportunities were:

- Year 6 swimming.
- Sports Day
- Tri-Golf Festival with the Well Schools Sports Partnership for Years 3 and 4.
- A Rounders Festival with the Well Schools Sports Partnership for Years 5 and 6.
- Cross Country Event held at Saltergate Schools
- A coach from Harrogate Rugby club working with children from Year 5 every week resulting in a Tag Rugby Festival.
- Extra-Curricular P.E. Clubs with some along side HTAFC coaches.
- School Sports Specialist from St. Aidan's working with the Year 3 classes on the Key Steps Gymnastics.
- Year 6 Sports Crew sessions.

Year 6 Swimming

We are pleased that the Year 6 children have managed to continue swimming at Knaresborough pool despite the Hydro being shut.

We are pleased to say that all the children in Year 6 have been taken swimming. They have all really enjoyed their swimming sessions and have made some incredible progress over this term and throughout the year with a high number of children achieving the national standard in swimming.

As a school we are very proud of the progress the children have made and the current year 5's are looking forward to starting their swimming lessons when they move into Year 6, we are also hoping that we will be back at the hydro in the Autumn term.

Swimming percentages and figures for this year

- The number of children attended: 55
- The percentage of children who have attended swimming lessons: 100%
- The number of children attained the national standard for swimming: 44
- The percentage of children attained the national standard for swimming: 80%
- The number of children that didn't meet the national standard in swimming: 11
- The percentage of children that didn't meet the national standard in swimming: 20%
- The number of children who can perform a safe rescue: 45
- The percentage of children who can perform a safe rescue: 82%
- The percentage of children who can now swim at least 5 metres: 93%

Level 1:
Intra- house competitions

SPORTS DAY

Sports Day 2023

Winning Team:



Winning House: **WATER**

1st place: **WATER**

Joint 2nd: **FIRE** & **AIR**

3rd place: **EARTH**

Sprint Race Medal Winner 2023



Running Events

Sprints



Long Run



Year end sprints for a medal



Jumping Events

High Jump



Long Jump



Throwing Events and Tri-Golf

Shot Putt



Javelin



Tri-Golf



Level 2:

Inter- School competitions

**Tri-Golf Festival, Virtual Tri-Golf
Festival, Tag Rugby Festival,
Rounders Festival, Cross-Country
Festival**

Well School Sports Partnership

- Tri-Golf Festival
- Virtual Tri-Golf Festival
- Rounders Festival
- Cross-Country Festival

This term we have had the opportunity to take part in a few more competitions as part of the Well School's Sports Partnership.

Some children from across years 3 and 4 took part in a Tri-Golf Festival held at the Harrogate Golf club, they managed to achieve a good score overall and had a great time.

The year 5 children have been working on their Tri-golf skills this term and as a result entered into a virtual Tri-Golf Festival to show how much progress they had made. They all did a incredibly well resulting in some impressive scores entered into the partnership.

Children from across years 5 and 6 were able to attend a Rounders festival held at Harrogate Grammar school, they all did really well and had a wonderful time.

Children from across the key stage were able to take part in a cross-country event held in our school grounds, each year group had a time slot to run and had to challenge themselves to run against their peers. All the children showed great determination and passion to complete the course.

See the next slide for photos.



North Yorkshire Sport and Harrogate Rugby Club

- Tag Rugby Festival

This term, some children in year 5 were chosen to work with a coach from Harrogate Rugby club through North Yorkshire Sport. The children developed their Tag Rugby skills throughout the term and then attended a festival at Harrogate Rugby ground.

The children made so much progress throughout the festival and enjoyed the new experience as many of them have never experienced competitive situations before due to covid or lack of confidence.

The children all received some certificates and one child even won a medal for showing discipline throughout the event.

Well done to all the children involved.



Extra-Curricular Clubs with some alongside HTAFC

The Harrogate Town coaches have continued to help deliver some of the extra-curricular clubs this term in Athletics and Girls Sports as well as Rounders and Tennis.

We have used some of this years P.E. budget to allow for the coaches to come in and deliver some high quality sessions which allows the children to all be engaged as well as developing those sport specific skills. All the children and staff involved have had a great time taking part in these activities and it has been great to then attend a festival or competition with the Well Sports Partnership.

Overall this year, we have had a high number of children attend a P.E. club this year especially in years 3 and 4. Please see below for the data.

Percentage of children attended a P.E. club in year 3: 80%
Percentage of children attended a P.E. club in Year 4: 67%
Percentage of children attended a P.E. club in Year 5: 55%
Percentage of children attended a P.E. club in Year 6: 48%

Percentage of children in Key Stage 2 who attended a club this year: 65%



CPD session delivered from our St Aidan's school sport specialist

This term the teachers and children in year 3 have been working with our school sports specialist from St. Aidan's.

The specialist has been coming into school every two weeks and delivering sessions in Gymnastics, the teacher watches and takes notes on how the session is delivered and then takes the same session the week after without the specialist.

The children love working with the specialist and gain so in terms of skill development and confidence.

The specialist has also brought in some of her sports leaders to deliver a couple of athletics sessions as well as helping on sports day. The children have loved working with these leaders as they are great role models and the children can talk to them about secondary school and transitions especially if they are old Saltergate pupils.



Year 6 Sports Crew

This term, the Year 6 sports crew have been very busy taking on their roles including running sessions on the playground for all the children, helping with the EYFS, Key Stage one and Key Stage two sports day as well as helping with the Cross-Country event.

The children have worked very hard delivering various sessions on the playground or field including games, athletics, cricket and rounders. They have made huge progress with their leadership skills and have gained so much confidence when delivering sessions and trying to get children involved.

They have also helped run and look after children during the EYFS and both key stage sports days. They did an incredibly job, helping children to stay focused and enjoy their sports day.

These children have now developed a foundation in leadership, which will help them with their transition to secondary school in September, they will be able to apply these skills and improve them even further.



65% of
children
attended a
P.E. Club

50% children
attended or took
part in a P.E.
Competition or
festival

80 % of year 6
children obtained
the National
Standard for
Swimming

Coming up in the Autumn Term 2023

- Intra-House Competitions.
 - Extra-Curricular Clubs
 - Year 4, 5 and 6 Swimming
 - Year 6 Residential
- Inter-school competitions and festivals
 - New Sports Crew
- HTAFC interventions and activities

Plus many more exciting things to come!