

# Saltergate Infant School



Autumn Term 2023

This term the children across the Infant school have had various opportunities to increase their levels of physical activity and improve their skills in physical education. Some of these opportunities were:

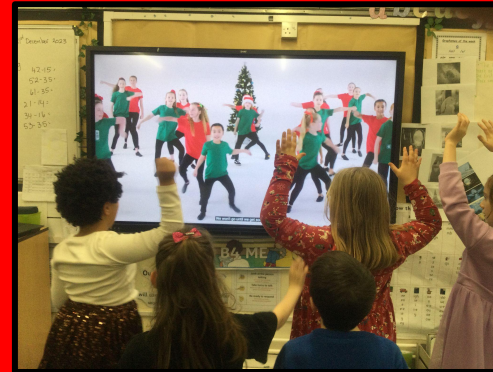
- Extra-Curricular P.E. Club; Dance Club and Multi-Skills Club with HTAFC.
- HTAFC Coach working with the children and teachers in Year 2 on CPD.
- Specialised P.E. lessons with Miss Tremble
- Year 6 Sports Crew visit children in Year 2 to lead some special activities.

# Extra-Curricular Sport Club

This term the children across Key Stage 1 have had the opportunity to take part in two sports clubs; Dance club and Multi-Skills Club alongside a coach from HTAFC.

Each week, the children have had a great time learning new skills and experiencing new sports that can help them stay fit and healthy whilst having lots of fun.

The children are looking forward to some new sports clubs in the Spring term including Indoor Athletics with HTAFC and Benchball.



# CPD sessions with our HTAFC Coach

The children and teachers in Year 2 have been lucky enough to work with a coach from Harrogate Town's Community Foundation working on CPD.

The coach and teachers work together to come up with a plan of delivery and teaching focusing on an area that the teacher wants to develop such as making sure all children are engaged or increasing their own confidence in P.E.

The teachers gain so much confidence and come away feeling more positive about delivering certain parts of the P.E. curriculum.

Not only do the teachers gain from these visits, but the children also gain in confidence physically, socially and emotionally as they get to work with another role model in physical education.

The children love having visits from HTAFC and Year 1 and Reception are looking forward to visits in the Spring term.



# Specialised P.E. lessons with Miss Tremble

This year, Miss Tremble has started to work in most year group teaching P.E. The children have had a range of experiences and gone on lots of adventures using the Real P.E. platforms. The children class teachers have also taught a lesson in P.E. and Year 2 have also had lessons with HTAFC.

In Reception, the children have worked through two units of Real P.E. .  
In Year 1, the children have worked through a unit in Real P.E. and Real Gym.

Miss Tremble has been able to use her sporting and coaching background to make all the P.E. lessons interesting and fun meaning all the children are engaged and active in most of the lesson even if it means they have their own challenges to complete compared to other children.

All of the children enjoy their P.E. lessons and have even made some lovely comments recently;

'Miss Tremble, you always seem to make our P.E. lessons so fun'

Miss Tremble will continue to deliver more P.E. lessons to all classes in the Spring term.





# Visits from the Year 6 Sports Leaders

This term, children in Year 2 have been lucky enough to have some visits from children in Year 6.

The Year 6 Sports Leaders visited the children to deliver some activities they had created.

The Year 2 children got to take part in two new and exciting activities developing such skills as catching and throwing, dodging and marking.

All the children had a great time and look forward to working with more children from the Junior school in the future.



## Coming up in the Spring Term 2024

- **Inter-School Competitions through North Yorkshire Sport.**
- **Continued visits from the HTAFC coach delivering P.E. in Reception and Year 1.**
  - **Extra-Curricular Clubs**
- **Visits from Sports Leaders in Years 5 and 6 as well as the Year 6 Sports Crew.**
- **We will hopefully have some Karate visits from a local instructor**
  - **Plus much more!**