

# Year 2: Personal, Social and Health Education (PSHE)



## We are learning about...

## **Our Special Friends**

### What do we need to know?

**Must** - I must know what makes people in our lives special

**Should** - I should know how the special people in our lives help us and make us feel cared for

**Could** - I could say what makes me a special friend to others

### Going the extra mile...

- Write some instructions about how to become a special friend,
- Create a game for you and the special people in your life to play together
- Make a card and write a thank you note to a special friend
- Create a poster on why you are proud to be yourself and what makes you a special friend
- Design an exercise routine or dance that you and a friend could do to keep fit. Send a video to your class or perform in front of your class.

### Vocabulary

Special, unique, caring, love, relationship, trustworthy, celebration, supportive, happy, appreciative, loyal, helpful, kind, respectful, comfortable,



### Helpful Websites:

Take part in a dance, by following this link:  
<https://www.bbc.co.uk/teach/supermovers/ks1-pshe-believe-with-naomi-wilkinson/zjchd6f>

These boys share their friendship with us:  
<https://www.bbc.co.uk/programmes/p011md6q>

REMEMBER: Always stay safe online. Ask an adult to look at these links with you. Never share your information with people online that you do not know.

### Key questions

What makes a friend special?

Who is special in my life?

What do they do to make me feel special?

How can I help others and make them feel cared for?

What are the qualities of a good friend?

How can we show respect to each other?

How can I become an even better friend?

**Learn to say thank you using a Makaton sign.**



thank you

