



**I WANT TO RIDE MY BIKE**  
.co.uk



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#### Learning to Ride a Bike

Dear mums/dads/guardians 😊

On Tuesday 6th June -Thursday 8th June we are trying to make sure that all the children can ride a bike.

<https://forms.office.com/e/Kf34djhdD>

Everyone who can't ride a bike will get a go at learning to balance, hopefully then balance and then move on to riding a bike... a few may end up being work in progress, but we will get there 😊

We will learn how to ride a bike properly without stabilisers and when your child can ride the full length of the playground on a pedal bike, they will get a certificate 😊

I am fully aware and can tell that some children can/could, already ride a bike without stabilisers ... however when I ask the question, the answers can be vague at best 😊 and often very conflicting... what I don't want is parents/guardians thinking, I think I have taught their child how to ride a bike when they could in fact do so in the first place 😊 if your child was marked as unable to ride a bike and then can ride a bike the full length of the playground they will get a certificate

We will be practicing braking, cornering, setting off on their own etc as and when they are all riding if time permits.

So...your child may now be able to ride a bike, one of my bikes, however they may/will/could need help setting off and if their own bike is quite heavy, too big, too small, unsuitable, this may knock their confidence and also make riding their own bike harder, to the point of not being able to ride at all, so please be patient with them.

The bikes they are riding are Wild bikes from Go outdoors which are very easy to ride, but once you can ride a bike, you can/should be able to ride any bike, they just need to work out how to adapt to their own bikes. Sometimes, however, the heavier bikes are totally impracticable, and your child may not be able to ride it at all.

Please make sure they can stop safely, by using your little finger to apply the brake, if you can't apply the brake with your little finger, they won't have the strength in their little hands to use theirs, also make sure they can in fact reach the brake lever, using the left (rear brake) first also please make sure their tyres are pumped up hard... makes getting up to speed so much easier

and finally...

roll on a couple of weeks from when training started, if they haven't yet received a certificate please remove their/any stabilisers and let them practice at balance... stabilisers help no one!!! Often is the case I see children who I had managed to get balancing/riding who were again struggling on the balance bike because they had been riding their own bike with stabilisers on at home

I will do my utmost to make sure by the time I leave, they are all riding their bikes but most of all had a lot of fun 😊

Many thanks

Dave Burns

AKA the bikeman/Magic Dave 😊